

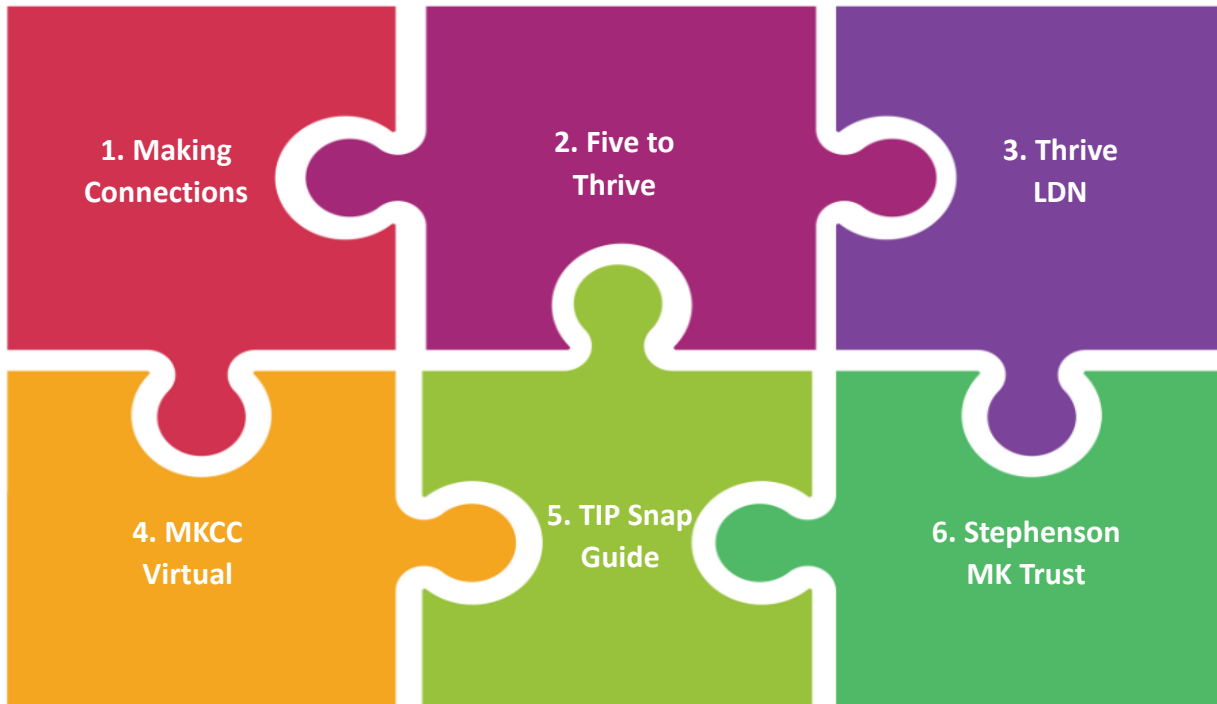


MK TOGETHER

**Safeguarding
Partnership**

Milton Keynes Trauma Informed Practice (TIP) Offer.

Training resources that complement each other for professionals working with children and young people to access.



1. **Making Connections** aims to enhance attachment-aware and trauma-responsive practices in Milton Keynes schools. The initiative provides a quality framework tool, research-based training as well as individual tailored school support. The project focuses specifically on aiding children with adverse childhood experiences, including those who are looked after, previously looked after or have a social worker. The Educational Psychology Service (EPS) assist in delivering training around attachment and other key topics, whilst facilitating reflective conversations with school staff members through the consultation service.

Contact: Louise.Cooper@Milton-Keynes.gov.uk

EPS: Education.Psychology@Milton-Keynes.gov.uk

Website: [Making Connections](#) | [Milton Keynes City Council](#)

2. **Five to Thrive** emphasises the importance of connected relationships for human wellbeing and resilience. The Five to Thrive building blocks: Talk, Play, Relax, Engage and Respond describe activities that build healthy brains in young children. An attachment-based bespoke training programme is delivered via webinars, e-learning, face-to-face courses and customised video content.



Contact: Public.Health@Milton-Keynes.gov.uk

3. **Thrive LDN** is a FREE online trauma-informed practice training comprising of eight chapters across three levels: bronze, silver and gold. Designed specifically for anyone in a role supporting others of any age, whether formal or informal. To complete all the training and reach gold level takes five hours in total, a bitesize programme is also available.

Contact: info@thriveldn.co.uk

4. **TIP Snap Guide** has been developed by Public Health for professionals working with children and young people within the health, social, education and voluntary sector to signpost to resources appropriate for the type of role and level of concern.

Contact: Public.Health@Milton-Keynes.gov.uk

5. **MKCC Virtual School Training Offer** comprises of access to online short courses to promote the continuation of CPD for professionals working with looked after and previously looked after children. Provided by Flourish and covering a wide range of topics, as well as this the Virtual School team can offer bespoke training in 'Trauma and Attachment' directly to education settings.

Contact: Katy.Enser@Milton-Keynes.gov.uk

Website: [Training and support | Milton Keynes City Council](#)

6. **Stephenson MK Trust** can offer training to cover the causes of behaviour. This is split into two parts, both between 60 and 90 minutes. Part one is intended to cover causes of behaviour and briefly cover supporting behaviour, whilst Part two will cover more in-depth profiling and intervention.

Contact: Phil.Harman@bridgeacademy.org.uk

Website: [Stephenson MK Trust](#)